



# Curriculum Drivers - Physical Education



<p><b>Wellbeing and Nurture</b></p> <p><i>Respect for self and others</i></p>	<ul style="list-style-type: none"> <li>• Children learn about both physical and mental wellbeing.</li> <li>• Specific areas of the PSHE curriculum are taught alongside our PE offer.</li> </ul>
<p><b>Acquisition of Language</b></p> <p><i>Independent Lifelong Learners</i></p>	<ul style="list-style-type: none"> <li>• Children are taught subject specific vocabulary.</li> <li>• Children learn to talk about physical education, expressing their likes and dislikes.</li> <li>• Children express their thoughts and opinions on their own work and the work of others.</li> </ul>
<p><b>Experiential Learning</b></p> <p><i>Lively Enquiring Minds</i></p>	<ul style="list-style-type: none"> <li>• Across school, pupils take part in local competitions and leagues.</li> <li>• Children work with experienced sports coaches throughout the year.</li> <li>• Children have opportunities across the year to take part in a variety of different sports using a wide range of different equipment.</li> <li>• Children create sequences and routines and perform these to their peers.</li> <li>• Children have the opportunity to become sports leaders.</li> </ul>
<p><b>Partnerships</b></p> <p><i>Positive Contribution to Society</i></p>	<ul style="list-style-type: none"> <li>• Hendal have linked with a number of surrounding primary schools whom we compete against, in a variety of different sports across the year.</li> <li>• We work alongside Outwood's school games organiser and follow the school games pathways.</li> <li>• We have links with a range of sports clubs in the surrounding area.</li> <li>• Children and parents take part in 'let's try' events each month.</li> <li>• "I felt proud when I represented Hendal Primary School at an athletics tournament," Pupil Voice 2020.</li> </ul>
<p><b>Healthy Body, Healthy Mind</b></p> <p><i>Good Physical and Mental Health</i></p>	<ul style="list-style-type: none"> <li>• Children enjoy PE lessons.</li> <li>• Children are taught about healthy and active lifestyles during PE lessons.</li> <li>• Developing Growth Mindset and Resilience - Children are critical of their own work and that of others, children make evaluations, they practise skills and strive to do their best.</li> <li>• Children in KS2 take part in 'The Daily Mile'.</li> <li>• "I enjoy trying to beat my personal best when I do the Daily Mile," Pupil Voice 2020.</li> </ul>