

## KEY STAGE ONE PE YEARLY PLAN YEAR 2

	AUT 1	AUT 2	SPR 1	SPR 2	SUM 1	SUM 2
	<b>GYMNASTICS</b>	<b>DANCE</b>	<b>GYMNASTICS</b>	<b>ATHLETICS</b>	<b>ATHLETICS</b>	<b>DANCE</b>
INDOOR	<p><b>SKILLS TAUGHT</b> (GYMNASTICS UNIT YEAR 2)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I plan and repeat simple sequences of actions?</li> <li>• Can I show contrasts in shape?</li> <li>• Can I travel using different pathways with co-ordination, control?</li> <li>• Can I perform a range of balances with co-ordination, control?</li> <li>• Can I recognise and describe how I feel after exercise?</li> <li>• Can I describe what my body feels like during gymnastics?</li> <li>• Can I describe what my class mates and I have done?</li> <li>• Can I say what gymnastics actions are being performed well?</li> </ul>	<p><b>SKILLS TAUGHT</b> (DANCE UNIT YEAR 2)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I perform body actions with control and co-ordination?</li> <li>• Can I choose movements with different qualities to make a dance phrase that expresses an idea, mood or feeling?</li> <li>• Can I link action?</li> <li>• Can I remember and repeat dance phrases?</li> <li>• Can I perform a short dance phrase showing an understanding of expressive qualities?</li> <li>• Can I describe how dance affects my body?</li> <li>• Can I understand why it is important to be active?</li> <li>• Can I suggest ways I could improve my dance?</li> </ul>	<p><b>SKILLS TAUGHT</b> (GYMNASTICS UNIT YEAR 2)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I plan and repeat simple sequences of actions?</li> <li>• Can I show contrasts in shape?</li> <li>• Can I travel using different pathways with co-ordination, control?</li> <li>• Can I perform a range of balances with co-ordination, control?</li> <li>• Can I recognise and describe how I feel after exercise?</li> <li>• Can I describe what my body feels like during gymnastics?</li> <li>• Can I describe what my class mates and I have done?</li> <li>• Can I say what gymnastics actions are being performed well?</li> </ul>	<p><b>SKILLS TAUGHT</b> (ATHLETICS UNIT 1)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I run at fast, medium and slow speeds, changing speeds and direction?</li> <li>• Can I link running and jumping activities with some fluency?</li> <li>• Can I make a short sequence of linked jumps?</li> <li>• Can I take part in relay activities?</li> <li>• Can I throw a variety of objects changing my action for accuracy and distance?</li> <li>• Can I recognise when my heart rate, breathing and temperature have changed?</li> </ul>	<p><b>SKILLS TAUGHT</b> (ATHLETICS UNIT 1)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I run at fast, medium and slow speeds, changing speeds and direction?</li> <li>• Can I link running and jumping activities with some fluency?</li> <li>• Can I make a short sequence of linked jumps?</li> <li>• Can I take part in relay activities?</li> <li>• Can I throw a variety of objects changing my action for accuracy and distance?</li> <li>• Can I recognise when my heart rate, breathing and temperature have changed?</li> </ul>	<p><b>SKILLS TAUGHT</b> (DANCE UNIT YEAR 2)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I perform body actions with control and co-ordination?</li> <li>• Can I choose movements with different qualities to make a dance phrase that expresses an idea, mood or feeling?</li> <li>• Can I link action?</li> <li>• Can I remember and repeat dance phrases?</li> <li>• Can I perform a short dance phrase showing an understanding of expressive qualities?</li> <li>• Can I describe how dance affects my body?</li> <li>• Can I understand why it is important to be active?</li> <li>• Can I suggest ways I could improve my dance?</li> </ul>

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	GAMES INVASION <b>FOOTBALL</b>	GAMES INVASION <b>BENCH BALL</b>	GAMES INVASION <b>HOCKEY</b>	GAMES STRIKING AND FIELDING <b>ROUNDERS</b>	GAMES INVASION <b>RUGBY</b>	GAMES NET/WALL <b>TENNIS</b>
OUTDOOR	<p><u>SKILLS TAUGHT</u> (INVASION GAMES UNIT YEAR 2)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I show awareness of opponents and team mates when playing football?</li> <li>• Can I kick the ball with more confidence?</li> <li>• Can I kick a ball during a simple game?</li> <li>• Can I look to pass to a partner with some control?</li> <li>• Can I find space during a simple game?</li> <li>• Can I use simple tactics during a game?</li> <li>• Can I describe how my body works and feels during football?</li> <li>• Can I work with a partner and as part of a group?</li> </ul>	<p><u>SKILLS TAUGHT</u> (INVASION GAMES UNIT YEAR 2)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I show awareness of opponents and team mates when playing bench ball?</li> <li>• Can I throw the ball with more confidence?</li> <li>• Can I pass a ball during a simple game?</li> <li>• Can I look to pass to a partner with some control?</li> <li>• Can I find space during a simple game?</li> <li>• Can I use simple tactics during a game?</li> <li>• Can I describe how my body works and feels during bench ball?</li> <li>• Can I work with a partner and as part of a group?</li> </ul>	<p><u>SKILLS TAUGHT</u> (INVASION GAMES UNIT YEAR 2)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I show awareness of opponents and team mates when playing hockey?</li> <li>• Can I pass the ball with more confidence?</li> <li>• Can I pass a ball during a simple game?</li> <li>• Can I look to pass to a partner with some control?</li> <li>• Can I find space during a simple game?</li> <li>• Can I use simple tactics during a game?</li> <li>• Can I describe how my body works and feels during hockey?</li> <li>• Can I work with a partner and as part of a group?</li> </ul>	<p><u>SKILLS TAUGHT</u> (STRIKING AND FIELDING GAMES UNIT YEAR 2)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I show awareness of opponents and team mates when playing rounders?</li> <li>• Can I throw the ball with more confidence?</li> <li>• Can I hit the ball with more confidence?</li> <li>• Can I throw a ball during a simple game?</li> <li>• Can I look to pass to a partner with some control?</li> <li>• Can I use simple tactics during a game?</li> <li>• Can I describe how my body works and feels during rounders?</li> <li>• Can I work with a partner and as part of a group?</li> </ul>	<p><u>SKILLS TAUGHT</u> (INVASION GAMES UNIT YEAR 2)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I show awareness of opponents and team mates when playing rugby?</li> <li>• Can I throw the ball with more confidence?</li> <li>• Can I pass a ball during a simple game?</li> <li>• Can I look to pass to a partner with some control?</li> <li>• Can I find space during a simple game?</li> <li>• Can I use simple tactics during a game?</li> <li>• Can I describe how my body works and feels during rugby?</li> <li>• Can I work with a partner and as part of a group?</li> </ul>	<p><u>SKILLS TAUGHT</u> (NET GAMES UNIT YEAR 2)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I show awareness of opponents and team mates when playing tennis?</li> <li>• Can I hit the ball with more confidence?</li> <li>• Can I hit a ball during a simple game?</li> <li>• Can I use simple tactics during a game?</li> <li>• Can I describe how my body works and feels during tennis?</li> <li>• Can I work with a partner and as part of a group?</li> </ul>