

# EYFS PE YEARLY PLAN

	AUT 1	AUT 2	SPR 1	SPR 2	SUM 1	SUM 2
	<b>GYMNASTICS</b>	<b>DANCE</b>	<b>GYMNASTICS</b>	<b>DANCE</b>	<b>GYMNASTICS</b>	<b>DANCE</b>
INDOOR	<p><u>SKILLS TAUGHT</u> (GYMNASTICS UNIT LATE FOUNDATION STAGE)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>Can I move freely with pleasure and confidence?</li> <li>Can I move in a range of ways?</li> <li>Can I adjust my speed or change directions to avoid obstacles?</li> <li>Can I sit up and balance on various parts of the body?</li> <li>Can I demonstrate the control necessary to hold a shape or fixed position?</li> <li>Can I mount stairs, steps or climbing equipment using alternate feet?</li> <li>Can I show respect for others space when playing among them?</li> <li>Can I persevere in repeating some/attempts when developing a new skill?</li> <li>Can I share tasks and accept rules?</li> <li>Can I observe the effects of activity on my body?</li> <li>Can I show control when using equipment for climbing, scrambling, sliding and swinging?</li> <li>Can I understand that equipment has to be used safely?</li> </ul>	<p><u>SKILLS TAUGHT</u> (DANCE UNIT LATE FOUNDATION STAGE)</p> <p><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>Can I move freely with pleasure and confidence?</li> <li>Can I move in a range of ways?</li> <li>Can I use movement to express feeling?</li> <li>Can I adjust my speed or change directions to avoid obstacles?</li> <li>Can I sit up and balance on various parts of the body?</li> <li>Can I demonstrate the control necessary to hold a shape or fixed position?</li> <li>Can I mount stairs, steps or climbing equipment using alternate feet?</li> <li>Can I show respect for others space when playing among them?</li> <li>Can I persevere in repeating some/attempts when developing a new skill?</li> <li>Can I share tasks and accept rules?</li> <li>Can I observe the effects of activity on my body?</li> <li>Can I show control when using equipment for climbing, scrambling, sliding and swinging?</li> <li>Can I understand that equipment has to be used safely?</li> </ul>	<p><u>SKILLS TAUGHT</u> (GYMNASTICS UNIT LATE 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# EYFS PE YEARLY PLAN

	<b>MULTISKILLS (FOOTBALL)</b>	<b>MULTISKILLS (BENCH BALL)</b>	<b>MULTISKILLS (HOCKEY)</b>	<b>MULTISKILLS (ROUNDERS)</b>	<b>MULTISKILLS (RUGBY)</b>	<b>MULTISKILLS (TENNIS)</b>
<b>OUTDOOR</b>	<b>SKILLS TAUGHT (GAMES ACTIVITIES LATE FOUNDATION)</b>	<b>SKILLS TAUGHT (GAMES ACTIVITIES LATE FOUNDATION)</b>	<b>SKILLS TAUGHT (GAMES ACTIVITIES LATE FOUNDATION)</b>	<b>SKILLS TAUGHT (GAMES ACTIVITIES LATE FOUNDATION)</b>	<b>SKILLS TAUGHT (GAMES ACTIVITIES LATE FOUNDATION)</b>	<b>SKILLS TAUGHT (GAMES ACTIVITIES LATE FOUNDATION)</b>
	<p style="text-align: center;"><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I move freely with pleasure and confidence?</li> <li>• Can I move in a range of ways?</li> <li>• Can I adjust or change direction to avoid obstacles?</li> <li>• Can I negotiate space successfully when playing racing and chasing games with other children?</li> <li>• Can I sit up, stand up and balance on various body parts?</li> <li>• Can I demonstrate the control necessary to hold a shape or fixed position?</li> <li>• Can I show respect for other children's space when playing among them?</li> <li>• Can I persevere in repeating some actions/attempts when developing skills?</li> <li>• Can I share tasks and accept rules?</li> <li>• Can I observe the effects of activity on their bodies?</li> <li>• Can I understand that equipment has to be used safely?</li> </ul>	<p style="text-align: center;"><b>Successful lesson</b></p> <ul style="list-style-type: none"> <li>• Can I move freely with 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